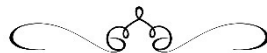


CHAMPIONS

LUNCH



STARTERS

JUMBO SHRIMP 3.55 EACH
Cocktail sauce, fresh lemon

TUNA SASHIMI 15
Sushi-grade Saku tuna, cajun crusted,
seared rare, edamame rice noodle salad,
garnished with pickled ginger, soy and
wasabi

P.E.I. MUSSELS 13
Fresh tomato, garlic and shallots served in
a pink marinara and white wine with
grilled artisan baguette

FRIED CALAMARI 13
Buttermilk batter, garlic butter, cherry
peppers, parsley, house marinara for
dipping

WINGS AND TENDERS 12
Choice of bone in wings or boneless
chicken tenders. served either buffalo
style with blue cheese or natural

MOZZARELLA STICKS 10
Served with house marinara

SOUTHWESTERN QUESADILLA 10
Colby cheddar cheese roasted red
peppers, jalapenos, sour cream
and pico de gallo
Add chicken 5 Add grilled shrimp 6

TRI-COLOR NACHO PLATE 10
Tri-color nachos, topped with Colby jack
cheese, jalapenos and black olives, served
with sour cream, pico de gallo and
guacamole
Add chili 2.50



SOUPS AND FRESH SPRING SALADS

House Made Chili Cup 5 Bowl 6.50
Topped with cheese & onion

NEW ENGLAND CLAM CHOWDER
Cup 5 Bowl 6.50

CHEF'S SOUP OF THE DAY
Cup 4.5 Bowl 6

FRENCH ONION SOUP GRATINEE
Bowl 6

CLUBHOUSE TOSSED SALAD 9
Crispy mixed greens, cucumbers, red
onions, tomatoes, black olives, Colby
cheddar cheese, garlic croutons

Caesar Salad 9
Romaine lettuce tossed with
creamy Caesar dressing, parmesan
cheese, garlic croutons

BACON PEAR GORGONZOLA SALAD 12
Mixed field greens, craisins, sliced pears,
bacon, candied walnuts tossed with
house made balsamic dressing, topped
with gorgonzola crumbles

BLT CHOPPED SALAD 13
Chopped Romaine, green apples,
tomatoes, avocado, bacon,
crumbled bleu cheese and a
side of balsamic dressing



SALAD ADDITIONS

Chicken 6 Salmon 9 Shrimp 8
Charred Saku Tuna 10 Steak Tips 10 Tuna Salad 5 Chicken Salad 5



CHEF'S DAILY FLATBREAD CREATION \$12

The daily taste, crispy and melty. Great with one of our local beers.

A 20% gratuity is applied to parties of 6 or more. \$2 charge for split plates.
Before placing your order, please inform your server if a person in your party has a food allergy.
Consuming rare or undercooked meat, fish, shellfish & poultry may be harmful
to your health and increase the risk of foodborne illness.

LUNCH CLASSICS

BAKED HADDOCK 16

Baked Haddock topped with a light seasoned house made crumb topping served with house vegetable.

SALMON 16

Grilled or Blackened, served with vegetable of the day 16

SEARED SCALLOPS 17

Seared scallops, on a bed of arugula, with a drizzle of balsamic glaze

MARGARITA PIZZA 12

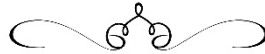
Gluten free crust, pesto, mozzarella, tomato and fresh basil 12

BOURBON TURKEY TIPS 16

Bourbon Turkey Tenderloin Tips, topped with peppers, onions & mushroom, served with vegetable of the day 16

FISH N' CHIPS 17

Prepared in a light batter and deep-fried to a golden crisp



BURGER BAR

Served on Grilled Brioche

Choose from Ground Beef, Grilled Chicken Breast, Meatless Beyond Burger

Topped with your choice of American, Swiss, Cheddar Provolone, Pepper jack, or Gorgonzola cheese 13

Add sautéed mushrooms, onions or peppers .75
smoked bacon 2 avocado 1



BUILD YOUR OWN GRILLED CHEESE

American, Swiss, Pepper Jack, Provolone or Cheddar 8

Add: Tomato or Avocado 1 Crisp Bacon 2

Smoked Black Forest Ham 3 Tuna Salad 3



CLUB CLASSICS

Club Classics come with a choice of one side: Seasonal Fruit, House Chips, Cole Slaw, Bent Arm Ale Fries. Sweet Potato Fries or Onion Rings add 2

TURKEY, HAM & SWISS, TUNA OR

CHICKEN SALAD SANDWICH 10

Choice of bread or wrap w/ lettuce & tomato, choice of potato chips or fresh fruit

BLT 10

Hickory smoked bacon, lettuce, tomato and mayonnaise

BLACKENED CHICKEN CHIPOTLE WRAP 13

Blackened chicken, crisp bacon, lettuce, tomato and chipotle sauce

Short Rib Ciabatta Sandwich 14

Slow braised short ribs, melted cheddar, caramelized onions on grilled ciabatta

TURKEY CLUB 13

Thinly sliced breast of turkey, American cheese, crispy bacon, lettuce, tomato & mayonnaise

BLTA CHICKEN SALAD LETTUCE WRAPS 12

Chicken salad, tomatoes, crisp bacon, avocado

A 20% gratuity is applied to parties of 6 or more. \$2 charge for split plates.

Before placing your order, please inform your server if a person in your party has a food allergy.

Consuming rare or undercooked meat, fish, shellfish & poultry may be harmful to your health and increase the risk of foodborne illness.