

# • CHAMPIONS •

## PLEASANT VALLEY COUNTRY CLUB

### Lunch Menu

#### Starters

##### COCONUT SHRIMP (6) 16

Panko breaded coconut shrimp served over grilled pineapple relish with a sweet chili dipping sauce

##### SOUTHWESTERN CHICKEN QUESADILLA 15

Colby cheddar cheese, peppers, onions, scallions, lime and cilantro with salsa, sour cream and guacamole

##### BONE IN OR BONELESS WINGS 13

Choice of bone in wings or boneless chicken tenders, served either buffalo style or plain

##### SOUTHWESTERN TOTS <sup>GF</sup> 13

Grilled chorizo, black beans, jalapeno, bacon, scallions, tomato, cheddar cheese topped with boom boom sauce

##### WARM LOCALLY MADE BAVARIAN PRETZEL STICKS 12

Whole grain honey mustard dip and warm cheese sauce

##### BLACKENED AHI TUNA <sup>GF</sup> 17

Sushi rice, siracha aioli, pickled ginger, wasabi and seaweed salad

##### FRIED CALAMARI 14

Hand breaded, with cherry peppers, scallions and marinara for dipping

##### GRILLED FLAT BREAD PIZZA 13

Plum tomato marinara sauce, topped with mozzarella, fontina and provolone

##### SPRING VEGETABLE ARANCINI 14

Spring vegetable filled arancini with marinara sauce and arugula

#### Soups

##### NEW ENGLAND CLAM CHOWDER

Cup 5  
Bowl 7

##### FRENCH ONION SOUP <sup>GF</sup> 8

##### SOUP DU JOUR

Cup 4  
Bowl 6



#### Build your Salad Bowl

##### SELECT A GRAIN <sup>GF</sup> 12

Quinoa, barley, farro

##### GO FOR THE GREENS

Argula, mixed greens, spinach, romaine

##### LOAD ON YOUR PRODUCE - (CHOOSE 4)

Avocado, cucumber, kalamata olives, red onions, cherry tomatoes, asparagus, zucchini, yellow squash, bell peppers, mushrooms

##### ADD THE CHEESE

Feta, bleu cheese, parmesan, goat cheese, shredded cheddar, colby mix

##### DRESSINGS

House white balsamic, ranch, bleu cheese, creamy peppercorn, balsamic vinaigrette, honey mustard

##### TOPPINGS

Dried cranberries, raisins, sunflower seeds, pumpkin seeds, tortilla strips, spiced walnuts

##### ADD ON PROTEINS

Grilled Chicken Breast 6  
Grilled Shrimp (5) 8  
Salmon 11  
Grilled Steak Tips 12



## Lunch Menu

### Salads

**CLUBHOUSE SALAD** **GF** 10

Mixed greens, grape tomato, cucumbers, red onions, shredded colby jack cheese, black olives and garlic croutons

**CAESAR SALAD** **GF** 10

Crisp romaine lettuce, aged parmesan and garlic croutons

**VEGGIE POWER CRUNCH SALAD** **GF** 11

Kale, cabbage, carrots, brussel sprouts, mandarin oranges, dried cranberries, sunflower seeds and walnuts

**SALAD ADDITIONS**

Grilled Chicken Breast 6

Grilled Shrimp (5) 8

Salmon 11

Grilled Steak Tips 12

### Sandwiches

**CLASSIC TURKEY CLUB** 12

Applewood smoked bacon, green leaf lettuce, tomato, mayo on toasted bread

**BUFFALO CHICKEN SANDWICH** 15

Fried golden brown served with bleu cheese dressing, lettuce, tomato, onion and pickle

**CALIFORNIA GRILLED CHICKEN** 15

Marinated chicken breast, avocado, bacon, lettuce, tomato, creamy garlic and herb spread on a soft bulkie roll

**PASTRAMI AND SWISS** 15

Served warm on grilled marble rye with deli mustard

**FRIED HADDOCK SANDWICH** 15

Fried golden brown with lettuce, tomato, onion and tartar sauce

**BLACKENED MAHI MAHI** 17

Topped with cheddar cheese, lettuce, tomato and chipotle sauce

**CHICKEN CORDON BLEU** 15

Chicken cutlet topped with ham, swiss and honey mustard sauce

**LOADED CHEESESTEAK** 14

Peppers, onions, mushroom and choice of cheese

### Champions Burger

**SERVED ON A GRILLED BRIOCHE BUN** 15

**FLAME-GRILLED HALF POUND OF ANGUS BEEF, GROUND TURKEY OR IMPOSSIBLE BURGER**

**CHOICE OF:**

American, cheddar, swiss, provolone, bleu cheese or pepperjack

**ADD-ON: 1**

Caramelized onions, sauteed peppers, mushrooms

**ADD-ON: 2**

Apple smoked bacon

Avocado

**ALL SANDWICHES AND BURGERS COME WITH YOUR CHOICE OF SIDE**

House chips, french fries, cole slaw, seasonal fresh fruit, cottage cheese

Sweet potato fries and onion rings - add 2

### Club Favorites

**JUMBO SHRIMP COCKTAIL (4)** **GF** 15

Cocktail sauce, herb remoulade, lemon and mixed greens

**BLT** 10

Hickory smoked bacon, lettuce, tomato and mayonnaise

**GRILLED FLAT BREAD PIZZA** 13

Plum tomato marinara sauce, topped with mozzarella, fontina and provolone

**FISH AND CHIPS** 23

Deep fried lightly battered fresh haddock served with creamy cole slaw, tartar and lemon

**CHICKEN PARMESAN** 22

Breaded boneless breast of chicken topped with marinara sauce and mozzarella cheese, served over pasta

A 20% gratuity is applied to parties of 6 or more.

Before placing your order, please inform your server if a person in your party has a food allergy. Consuming rare or undercooked meat, fish, shellfish & poultry may be harmful to your health and increase the risk of foodborne illness.